








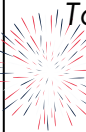





675 S Carondelet St
Los Angeles CA 90057

MAY 2024

Live Well Feel Well Age Well
213-388-4444

	MON	TUE	WED	THU	FRI
WEEK 2	<p>* Vitamin C Rich ** Vitamin A Rich Milk is served daily Meal is subject to change without notice</p>		<p>1 Enchilada Casserole LS Pinto Beans Mesclun Salad Mix *Mango/Pineapple Fruit Cup Corn Tortilla NF or LF Milk</p>	<p>2 Hungarian Goulash Roasted Brussels Sprouts **Herbed Carrots *Fresh Orange WG Roll NF or LF Milk Oatmeal Cookie</p> 	<p>3 Cinco de Mayo! Beef Picadillo LS Pinto Beans Mixed Green Salad Fresh Fruit in Season *Orange Juice Mexican Brown Rice NF or LF Milk Flan</p> 
WEEK 3	<p>6 BBQ Chicken Corn ***Chopped Mixed Salad *Strawberries WG Roll NF or LF Milk</p> 	<p>7 Salmon w/ Dill Sauce ***Sweet Potato *Tri Color Coleslaw Cinnamon Applesauce WG Roll NF or LF Milk</p>	<p>8 Asian Beef Stir Fry **Mixed Asian Veggies LS Beet Salad *Cantaloupe or Tangerine Brown Rice NF or LF Milk</p> 	<p>9 Vegetarian Chili Green Beans Mixed Salad Greens Banana *Orange Juice Cornbread NF or LF Milk</p>	<p>10 Happy Mother's Day Herb Lemon Chicken **Baked Squash Romaine Salad Fresh Fruit in Season *Orange Juice Brown Rice Pilaf Wheat Roll NF or LF Milk Cake</p> 
WEEK 4	<p>13 Spaghetti w/Meat Sauce **Broccoli Mesclun Salad Mix Fresh Peach or Pear *100% Orange Juice NF or LF Milk</p>	<p>14 Mediterranean Chicken **Roasted Vegetables LS Lentil Salad *Cantaloupe or Tangerine Brown Rice Pilaf Pita Bread Hummus NF or LF Milk</p>	<p>15 LS Roast Turkey Breast **Butternut Squash Green Peas *Kiwi or Orange WG Stuffing Lemon Pudding NF or LF Milk</p>	<p>16 Tuna Nicoise Salad Herbed Potato Salad *Creamy Coleslaw Fresh Apple WG Roll NF or LF Milk</p> 	<p>17 Beef Fajita LS Pinto Beans Tossed Green Salad *Pineapple/Mango Fruit Cup Spanish Brown Rice Flour Tortilla NF or LF Milk</p>
WEEK 5	<p>20 Chicken Dijon Rosemary Mashed Potatoes *Chopped Salad Fresh Fruit in Season WG Roll NF or LF Milk</p> 	<p>21 Stuffed Bell Pepper Mixed Vegetables Romaine Salad Apple *Orange Juice Dinner Roll Gelatin w/Yogurt NF or LF Milk</p>	<p>22 Vegetable Frittata Lima Beans & Corn *** Spinach, Shredded Cabbage & Brussels Sprouts Salad Pear or Nectarine WG Roll NF or LF Milk</p> 	<p>23 Korean BBQ Saute Zucchini w/Sesame Seeds ***Broccoli Salad w/Sliced Radish Pineapple Herbed Brown Rice NF or LF Milk</p>	<p>24 Memorial Day BBQ Beef on Bun Roasted Corn Tossed Green Salad Watermelon *Orange Juice Macaroni Salad NF or LF Milk</p> 
WEEK 6	<p>27</p>  <p>SBSS CLOSED</p>	<p>28 Meatloaf w/ LS Gravy Garlic Mashed Potatoes Green Beans *Cantaloupe or Orange WG Roll NF or LF Milk</p>	<p>29 Caribbean Chicken **Broccoli ***Carrot, Bell Pepper Celery Salad Fresh Fruit in Season Brown Rice NF or LF Milk</p>	<p>30 Fish Taco LS Pinto Beans ***Chopped Mixed Salad w/Romaine Kale Fresh Peach or Plum Warm Corn Tortilla NF or LF Milk</p>	<p>31 Beef Bolognese **Zucchini & Squash Caesar Salad Fruit Cup *Orange Juice WG Penne Pasta NF or LF Milk</p>