



Learn how to care for a loved one with memory loss, cognitive impairment, or dementia.

St. Barnabas Senior Services is now offering free virtual **Savvy Caregiver** classes, through a research partnership with USC Edward R. Roybal Institute on Aging and Alzheimer's Los Angeles.

- Virtual Classes with other caregivers
- Meet once per week for one to two hours
- Receive compensation for participating in surveys

Eligibility

- Are you 18 years of age and able to read English?
- Caring for someone with Alzheimer's, dementia, or memory loss?
- Interested in learning more about the disease and how to care for your loved one?

These classes are part of a study that is looking at any differences between taking 6 weeks of classes and 3 weeks of classes.

For more info call or visit the webpage:

213-740-1887

<https://roybal.usc.edu/socalcaregiver>

