213-388-4444 Ext 1

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APRIL : EARTH MONTH

Important Dates in April:

April 1th. -Easter Monday April 3rd.-Food Bank Distribution April 15th. -Tax Deadline April 22nd. -Earth Day

CELEBRATIONS:

April 1st. -Easter

April 22th. -Earth Day April 26th. -Birthdays Month

FIELD TRIPS:

April 2nd. -Queen Mary April 25th. -LA Zoo

FITNESS

Exercise W/ Darlene April 18th at 10:00

Stretching w/Derryck (2nd Floor) Mondays, Wednesdays, Fridays 9:30am

Dance w/Derryck (2nd Floor) Mondays, Wednesday, Fridays 12pm

Exercise Class w/Kerry (2nd Floor) Tuesday and Thursdays 9:30am

EDUCATION

Technology Education Tuesday & Thursdays at 1pm

Earthquake Safety April 16-11am-English April 23-11am-Spanish April 30-11am- Korean

EBP-Arthritis Exercise Tuesdays & Thursdays-10-11am Art Classes W/ Audrey Tuesdays at 2:00 p.m.

ESL Classes W/ Joan will start in A<mark>p</mark>ril



HEALTH CORNER

-First and Third Thursday Queens Care Screenings -April 3rd. Vaccine Clinic 12-2pm -Healthy Eating on a Budget Presentation by Queen's Care April 4th 12:00 p.m.

TECH-POP UP EVENT

April 9th-9-11am

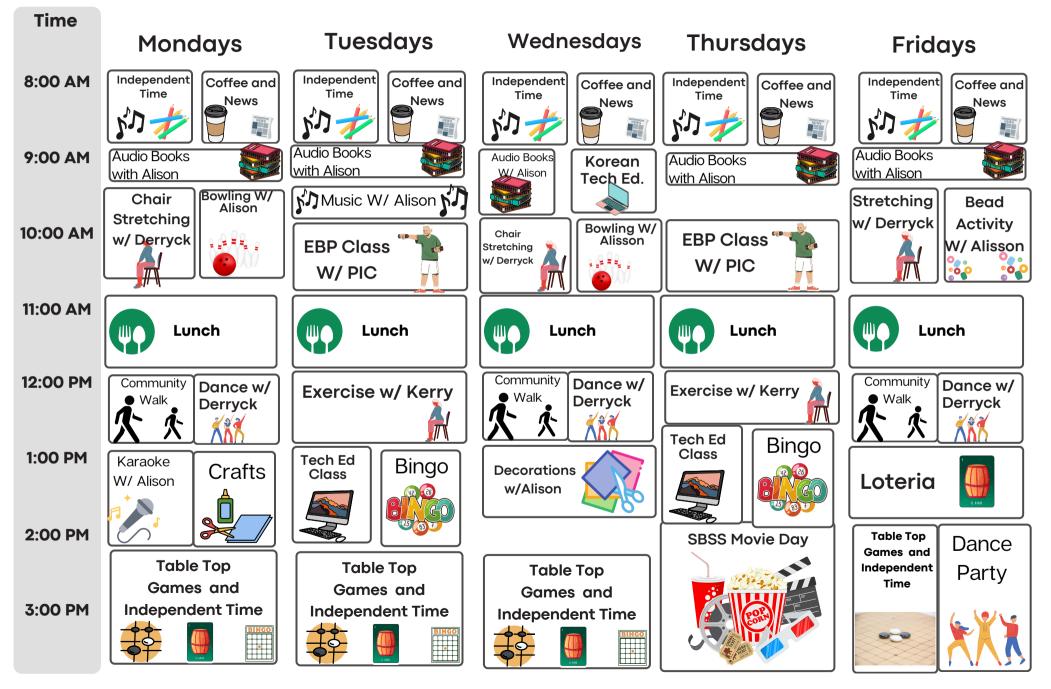
APRIL 2024 Mid-City

675 S. Carondelet St. Los Angeles, CA 90057 8:00am-4:00pm

April 2024

Mid-City's Activities Calendar





Calendar subject to change